

GUIDELINES FOR MEDICINES CHECKED FOR PASSOVER

The Kashrut Authority has again this year investigated a large range of prescription medicines. While there are leniencies for certain oral medicines on Pesach (as outlined below in paragraph #3), the Jewish People - "Holy and Pure" have customarily tried to avoid using leniencies with oral medications on Pesach when at all possible. As such they have always tried to use oral medications that are *Chametz* free. This is especially the case when treating a mild malady such as a headache or a cold.

Furthermore, even in the case of more serious illnesses there are many medications that have a *chametz* free identical substitute. However, even in cases where a substitute may be available, the substitution must not be done by the patient alone, but must at all times be done under the guidance of their medical practitioner and/or pharmacist.

For Pesach 5781, the following children's medicine are chametz free.

1, Pandan Drops – 1 month to 2 years

2, Tylenol Liquid – 1 year to 9 years

The following are general guidelines for the use of medicines on Pesach:

1. Medications for any serious condition such as (G-d forbid) cardiac disease, diabetes, cancer, mental illness or epilepsy must not be changed or substituted without full permission of your medical practitioner.

2. All medications if possible, should be purchased before Pesach.

3. All medications that are in non-chewable, otherwise inedible, capsules or tablets - are acceptable.

4. All inedible topical medications (creams, ointments, sprays & lotions) and suppositories are acceptable.

5. All 'puffers' (inhalers/turbohalers) that are inedible or have an unpleasant taste are acceptable.

6. All nasal sprays that are inedible or have an unpleasant taste are acceptable.

7. All eye drops and/or ear drops that are inedible or have an unpleasant taste are acceptable.

8. Medicines applied to the gums, lips or teeth that are inedible, but have a pleasant taste, should preferably be *Chametz* free however if there is no *Chametz* free substitute they are permissible.

9. Liquid medicines, chewable pills, and pills coated with a flavoured glaze are all edible and may contain *Chametz*. Therefore:

a. If they do contain *Chametz*, if at all possible, they should be replaced - under the direction of a doctor or pharmacist - with a *Chametz* free suitable substitute from the list; if no substitute from the list is available then they should be replaced with a non-chewable, uncoated pill as per 3 above or placed in an empty vege capsule (available from gaslight or any chemist).

b. If substitution or any of the above solutions are not possible and the person is in a state of *sakanah* or

safek sakanah (any possible danger to human life), they may own and consume the medication. The same applies if the condition is not yet a *safek sakanah* but may deteriorate. Your local rabbi or the KA should be consulted as to whether it is preferable to purchase the medicine before or on Pesach, and as to how to dispose of the medicine once the danger passes. In any case that even remotely may be a *sakana* one should err on the side of using the required medication.

c. If substitution or placing in a capsule is not possible and a doctor determines that there is no possibility of *sakana* if the person does not take the medicine, your local rabbi or the KA should be consulted. The KA may be able to determine that the medicine does not contain *Chametz* or may be able to decide that the medicine may be consumed due to the seriousness of the patient's condition.

10. As stated, pills or capsules designed to be swallowed may be used on Pesach even if they contain chametz, since they are a non-food and inedible.
 - a. This covers most medicines used by adults. It is permissible to grind pills, even on Shabbat and Yom Tov, that are normally not designed for chewing and are therefore permissible for Pesach, and mix that powder into food items so that a child can take a required medicine on Pesach. However a doctor or pharmacist must be consulted to make sure that the child is getting the correct dosage and that the potency of the pill is not compromised by grinding it up.
 - b. Liquid or chewable medications for children are edible and flavoured and therefore required to be Kosher for Pesach. If a pesachdik alternative can not be found one should contact their Rabbi or Rabbi Gutnick for further advice.

Rabbi Gutnick has access to a large database of medications and their ingredients and is available to assist in any "*shaala*" relating to medication on Pesach. Rabbi Gutnick can be contacted specifically for Pesach medication questions only, on the following dedicated whatsapp number: + 61 411 657 372

In the compilation of this list the following general rules have been used:

1. Kitniyot is permitted in medications.
2. Products are declared P only when we have sufficient information to declare the medicine *chametz* free based upon information published by the manufacturer. No item has been produced under rabbinic supervision.
3. Products are declared CH if they contain ingredients that are *chametz* or may be *chametz*.

Key:

CH: Contains *chametz* or possible *chametz*.

P: *Chametz* free

Abilify Tablets (2, 5, 10, 15, 20, 30mg)	P	
Abbecillin V Suspension		CH
Abbecillin VK Filmtabs		CH
Accolate	P	
Accupril Tablets	P	
Accuretic	P	
Acenorm	P	
Aclin (100 mg, 200 mg)		CH
Acimax Tablets		CH
Actacode Linctus		CH
Actilax	P	
Actonel	P	
Actos Tablets	P	
Adalat Oros Tablets	P	
Adalat Tablets	P	
Adefin		CH
Adefin XL	P	
Advil Liquid Capsules		CH
Advil Tablets		CH
Aerius Tablets	P	
Akamin Capsules	P	
Akamin Tablets		CH
Akineton Tablets	P	
Aldomet Tablets		CH
Alepam (15, 30)	P	
Alka Seltzer		CH
Alka Seltzer Lemon		CH
Alkeran Tablets	P	
Allegron Tablets	P	
Allereze	P	
Alodorm	P	
Alphamox Capsules		CH
Alphomox Syrup		CH
Alphapress		CH
Alphapril Tablets	P	
Alprim 300mg Tabs	P	
Amaryl Tablets	P	
Amizide 50/5 mg		CH
Amlo Tablets	P	
Amoxil Caps	P	
Anafranil 25 mg Tablets	P	
Anaprox	P	
Anamorph Tablets	P	
Anadron 50 mg	P	
Androcur	P	
Androcur 100	P	
Angeliq 1/2	P	
Anginine Tablets		CH
Anpec (40 mg, 80 mg)		CH
Anpec SR	P	
Antabuse	P	
Antenex	P	

Anthel		CH
Anti-Plaque (Faulding)		CH
Anzemet	P	
Aptivus Capsules		CH
Aratac (100, 200)	P	
Arava	P	
Aricept	P	
Arimidex		CH
Aropax Tablets		CH
Artane Tablets	P	
Arthrexin		CH
Asasantin SR Caps (Boehringer)	P	
Aspalgin		CH
Aspirin Tablets DBL (Faulding)		CH
Aspro Clear (incl. Extra Strength)		CH
Aspro Tablets (not Aspro Clear)	P	
Atacand (4mg, 8mg, 16mg, 32mg)	P	
Atacand Plus	P	
Astrix Capsules		CH
Astrix Tablets		CH
Atacand Plus	P	
Ativan (1 & 2.5 mg)	P	
Augmentin Syrup		CH
Augmentin Syrup Duo		CH
Augmentin Tablets - Duo & Duo Forte		CH
Ausgem Tablets		CH
Auspril Tab 10 mg, 20 mg	P	
Aurorix Tablets (150 mg & 300 mg)		CH
Avapro Tablets (75mg,150mg,300mg)	P	
Avapro HCT	P	
Avanza Tablets	P	
Avelox Tablets	P	
Avil Tablets		CH
Axit	P	
Aylide		CH
Azol (100, 200)		CH
Bactrim DS Tablets (160/800)		CH
Bactrim Susp.		CH
Baraclude (0.5, 1.0 mg)	P	
Barbloc	p	
Betaloc Tab		CH
Betamin Tablets		CH
Bicor Tablets	P	
Biltricide Tablets	P	
Bisalax Tablets (5 mg)	P	
Bisolvin Chesty Tablets	P	
Bisolvin Chesty Tablets (gelatine free blisters)	P	
Bisolvin Dry Oral Liquid / Forte		CH
Bonefos Capsules	P	
Bonefos Tablets	P	
Bonjela		CH
Brenda-35 ED	P	
Brevinor - 1/21	P	

Brevinor - 1/28	P	
Brevinor - 21	P	
Brevinor - 28	P	
Bricanyl Elixir		CH
Bricanyl Turbuhaler	P	
Brufen Tablets (400 mg)	P	
Budamax		CH
Burlnex		CH
Buscopan Tab		CH
Buspar Tablets (5 mg, 10 mg)		CH
C-Flox Tablets	P	
Cabasar Tablets	P	
Caelyx	P	
Cafergot 'S' Suppositories	P	
Cafergot Tablets	P	
Calcium Gluconate Tablets		CH
Calcium Resonium Powder	P	
Caltrate Tablets (600mg)	P	
Caltrate Plus Tablets		CH
Campral		CH
Canesoral Fluconazole Capsules (150mg)	P	
Capace (12.5 mg, 25 mg, 50 mg)	P	
Capadex	P	
Capoten Oral Solutions		CH
Capoten Tablets	P	
Captopril	P	
Cardiprin 100 (Reckitt)	P	
Cardizem CD	P	
Cardizem Tablets	P	
Cardol (160 mg)		CH
Carduran (4 mg)	P	
Catapres	P	
CeeNu Caps		CH
Celapram 20 mg Tablets	P	
Celebrex Capsules	P	
Cell Cept Capsules 250 mg	P	
Cell Cept Suspension		CH
Cell Cept Tablets 500 mg	P	
Certican Dispersible Tablets	P	
Charcocaps (Key Pharm.)	P	
Charcotabs (Key Pharm.)	P	
Chemmart Piroxicam Dispersible Tablets	P	
Cholstat	P	
Cialis Tablets	P	
Cilamox Capsules (250 mg, 500 mg)	P	
Cilicaine Capsules	P	
Cilicaine Suspension		CH
Cilicaine VK Capsules (250mg, 500mg)	P	
Cilicaine V Suspension		CH
Cimetidine Gen RX	P	
Cipramil	P	
Ciproxin Tablets	P	
Clamoxyl Duo; Duo Forte Tabs	P	

Clarinase Repetabs	P	
Claratyne Repetabs	P	
Claratyne Syrup		CH
Claratyne Tablets	P	
Clomid	P	
Clopine Tabs (Clozapine)	P	
Clozaril	P	
Codapane Forte Tabs	P	
Codapane Tabs	P	
Codis Tablets		CH
Codox Tablets	P	
Codral C&F Day/Night Caps	P	
Combigesic Tabs	P	
Cordilox	P	
Coumadin Tabs	P	
Crestor (5, 10, 20, 40 mg)	P	
Dalacin C Caps	P	
Demazin 6 Hour Relief	P	
Demazin 12 Hour Relief	P	
Demazin C & F Tabs	P	
Deptran		CH
Diabex	P	
Diabex XR	P	
Diaformin	P	
Diane 35ED Tabs	P	
Digesic Tablets	P	
Dilatrend Tabs	P	
Dilaudid Oral Liquid 1mg/ml	P	
Disprin Direct Tabs	P	
Disprin Forte Tabs	P	
Disprin Original	P	
Doloxene Capsules	P	
Donnatab Tablets		CH
Doryx (100 mg)		CH
Doryx (50 mg)		CH
Dostinex	P	
Doxylin Tabs	P	
Dulcolax Tabs	P	
EES Tab (400 mg)	P	
Efexor Caps	P	
Efexor - XR (37.5, 75, 150 mg)	P	
Eleva Tabs	P	
Endep Tabs	P	
Endone Tablets	P	
Enlifax - XR Caps	P	
Eno Lemon Flavoured		CH
Eno Regular		CH
Entocort		CH
Epilim E.C. (200, 500)		CH
Epilim Syrup		CH
Epilim Crushable 100 Tabs	P	
Epilim Sugar Free Liquid		CH
Ezetrol	P	

Fasigyn Tablets (500 mg)	P	
Fish Oil - Ethical Nutrients	P	
Feldene D - Dispersible Tablets	P	
Flomaxtra	P	
Flutamin	P	
Foradile Caps	P	
Fosamax Tabs	P	
Fucidin Tablets		CH
Fybogel	P	
Gaviscon Advance Liquid	P	
Gaviscon Cool Liquid	P	
Gaviscon Double Action Liquid	P	
Glauber's Salt - Pure	P	
Glucophage Tabs	P	
Grisovin Tabs 125 mg	P	
Grisovin Tabs 500 mg	P	
Hydrogen Peroxide	P	
Ialex	P	
Ibilex Caps	P	
Ibilex Powder	P	
Ibupane	P	
Imodium Caplets	P	
Imodium Capsules	P	
Inderal Tablets	P	
Indocid Capsules	P	
Infacol Wind Drops	P	
Isomil Powder	P	
Isoptin	P	
Isoptin SR	P	
Janumet Tabs	P	
Kalixocin Tabs	P	
Karicare Food Thickener	P	
Karvea Tabs	P	
Karvezide 150/12.5mg & 300/21.5mg Tabs	P	
Karvezide 300/25mg tabs	P	
Keflex	P	
Kenalog In Orabase	P	
Klacid Tabs	P	
Konakion MM Paediatric Solution	P	
Lamisil Tablets	P	
Lasix Oral Solution		CH
Lasix Tablets	P	
Levitra Tabs	P	
Levlen ED	P	
Lexapro Oral Solution	P	
Lexotan Tabs	P	
Lioresal		CH
Lipidil	P	
Lipitor Tablets		CH
Lipex		CH
Lithicarb		CH
Livostin Eye Drops	P	
Lopresor		CH

Lorstat Tabs	P	
Losec Tablets		CH
Lovan (20 mg) Caps		CH
Loxalate Tabs	P	
Maxigesic	P	
Maxolon Tabs	P	
Mersyndol Day Strength, Forte Tabs & Caps	P	
Mersynofen	P	
Metamucil Orange (Original)	P	
Metamucil Orange (Smooth)	P	
Metamucil Regular (Original)	P	
Micardis		CH
Micardis Plus		CH
Microgynon Tabs	P	
Microlax		CH
Milton Anti Bactrial Solution	P	
Minax		CH
Minipress		CH
Mobilis D Dipersible Tabs	P	
Motilium	P	
Movicol Sachet Flavour Free Only	P	
Murelax Tabs	P	
Naprogesic Tablets	P	
Naprosyn	P	
Naprosyn SR	P	
Nexium		CH
Nilstat Oral Caps		CH
Nilstat Oral Tablets		CH
Nitrolingual Spray	P	
Nordip Tabs	P	
Nizoral Tabs	P	
Norimin	P	
Norinyl Tablets	P	
Normacol Plus Granules	P	
Normison Tabs (10 mg)	P	
Noroxin Tabs	P	
Norvasc Tabs	P	
Noten Tabs	P	
Nurofen Caplets	P	
Nurofen Cold & Flu Tablets	P	
Nurofen Liquid Capsules		CH
Nurofen Plus		CH
Nurofen Tabs	P	
Nuromol Tabs	P	
Ogen Tablets		CH
Osmolax	P	
Panadeine Caplets	P	
Panadeine Extra	P	
Panadeine Forte Caplets	P	
Panadeine Rapid Soluble Tablets		CH
Panadeine Tablets	P	
Panadol Caplets Optizorb Formula	P	

Panadol Colour Free Baby Drops 1 month - 2 years old	P	
Panadol Mini Caps	P	
Panadol Optizorb Caplets		
Panafcort	P	
Panamax Co. Tabs	P	
Panamax Tablets	P	
Pariet Tablets		CH
Parnate Tabs	P	
Paraffin Liquid Pure - All Brands	P	
Perindo Tabs/ Perindo Combi Tabs	P	
Piix Tabs	P	
Plavix		CH
Ponstan	P	
Pramin Tabs	P	
Predmix Tabs & Oral Liquid	P	
Pristiq Tabs	P	
Presolol	P	
Pressin		CH
Prezista 300	P	
Progout 100 mg	P	
Progout 300 mg		CH
Prograf Caps	P	
Prograf Tabs	P	
Prograf XR	P	
Prothiaden Capsules	P	
Prothiaden Tablets		CH
Provera	P	
Provera High Dose		CH
Prozac Caps	P	
Prozac Tabs		CH
Quilonum	P	
Rennies	P	
Resonium A Powder	P	
Risperdal Oral Solution	P	
Risperidone (Apotex)	P	
Rivotril Tabs	P	
Roaccutane Caps	P	
Roximycin	P	
Rulide Tabs	P	
Sabril Sachet	P	
Sandomigran Tablets	P	
Serepax Tablets	P	
Somidem	P	
Spatone Natural Iron Supplement	P	
Stilnox (see Somidem for substitute)		CH
Stilnox CR (6.25, 12.5 mg)		CH
Suboxone	P	
Symbicort	P	
Tegretol CR	P	
Tegretol Suspension		CH
Tegretol Tabs	P	
Telfast Decongestant Tabs	P	

Telfast Tabs	P	
Temaze Tabs	P	
Tenormin Tabs	P	
Tofranil Tabs	P	
Topamax Sprinkle Caps	P	
Tramal SR Tabs	P	
Tramedo SR Caps & Tabs	P	
Triphasil	P	
Triprim Tabs	P	
Tritace Caps & Tabs	P	
Trovas Tabs	P	
Tryzan Caps & Tabs	P	
Uremide Tabs	P	
Urex	P	
Urex M	P	
Urex Forte		CH
Valium Tabs	P	
Vaseline	P	
Vectavir	P	
Viagra Tabs	P	
Vibramycin Tablets (100 mg)		CH
Vibramycin Vibratabs (50 mg)		CH
Videx Paed. Solution	P	
Visken Tablets	P	
Voltaran Tabs		CH
Voltaren EC Tabs		CH
Yaz	P	
Yasmin	P	
Zactin Dispersible Tabs	P	
Zantac Relief Extra Strength	P	
Zantac Tablets	P	
Zanidip	P	
Zestril Tabs		CH
Zircol Tabs	P	
Zithromax Tabs (250 mg, 500 mg)	P	
Zocor Tabs		CH
Zoladex (3.6 mg, 10.8 mg)	P	
Zolofl Tabs (50 mg, 100 mg)		CH
Zomig		CH
Zoton Caps (15 mg, 30 mg)		CH
Zovirax Cold Sore Cream	P	
Zyprexa Tablets	P	
Zyprexa Zydys Wafers		CH
Zyrtec Drops	P	
Zyrtec Oral Soln		CH
Zyrtec Tabs	P	
Zyvox Caps		CH
Zyvox Granules		CH