

## Update to Guide to Pesach 2021

A Word On Pesach Supervision by Rabbi Moshe D Gutnick

Firstly, I would like to thank everyone who is using my direct Pesach WhatsApp and dedicated email address. It is a win-win as it helps me, and on behalf of The KA, I am here to help you!

I have been asked many questions re: the meaning of a Kosher for Pesach hechsher and the different “gradings” such as approved versus certified and chametz. We clearly articulate different types and standards of supervision, but do not give guidance as to how to choose which standard of supervision to follow. In our regular guide we instruct as to what is kosher and therefore, what is not, but in our Pesach Guide there is not the same clarity. I thought it appropriate to explain the issues here.

A general introduction: The prohibition to not eat chametz on Pesach is stricter than any other kosher laws except for perhaps ingesting the forbidden fats of a kosher animal. This is expressed through many stringencies that the Shulchan Aruch imposes over Pesach which are called “Chumra D’Pischah”, including that chametz is not nullified in accordance with the one in sixty (1:60) rule during Pesach.

One example of the stringency in place is the cleaning of a mill for Pesach flour. The Shulchan Aruch teaches that there are certain stringencies in relation to cleaning, but qualifies that if one produces flour before Purim, the stringencies don’t apply; if cleaning occurs post-Purim, within thirty days of Pesach, “Chumra d’Pischa” (the strictness of Pesach) kicks in. It is the application or otherwise of chumra d’pischa that leads to the various standards of kosher for Pesach.

The largest kosher certification body in the world is the Kashrut Department of the Orthodox Union. (OU). The Orthodox Union itself represents the largest body of Modern Orthodox congregations in the world. While I do not like labelling, as there is one Torah and Shulchan Aruch for all Jewry, nevertheless, labels do have meaning and can reflect emphasis, attitude and custom within the Torah observant community. It is incumbent upon rabbis that when they teach and rule, they must endeavour to respect and understand those that follow differing fully acceptable customs and traditions, and the rabbi must rule and teach accordingly.

In my opinion, the vast bulk of congregations within Sydney and their members fall under the label of Modern Orthodox. No one should be mistaken. Modern Orthodox does not mean weak Orthodox. It does not mean lack of adherence to Shulchan Aruch. It does mean a particular attitude and approach as well as a unique view of a Jew’s place in this world. Accordingly, the level of observance of Kashrut both the whole year around and on Pesach, for the majority of our community, should be in line with modern Orthodox standards, and the best proponent of those standards is The OU.

So now to the different products and “grades” of supervision.

Products Certified for Pesach or their equivalent standard.

Products that have an OU-P (or OK-P or KA-P) have a significant amount of extra supervision specially for Pesach. They would likely have a mashgiach for the entire actual production of a Pesach product, but certainly, depending on the product, very regular visits. Some products such as water with an OU-P will have visits but as the product is bottled at the source and at the source there are no other ingredients, the visits will be less frequent. Bottom line, other than for products like water, the supervision is regular and intense. These products are all certified for and supervised specially for Pesach.

Within the certified products there are also products that also have a “chareidi” supervision (for want of a better word), with increased supervision taking into account often additional stringencies, such as ‘no gebrochts’ or ‘shmura matza’.

All the above products come under the overarching heading of special certification for Passover.

There are also a very limited number of items that are not certified for Pesach but the OU standard considers them to be kosher for Pesach, without any additional supervision. All of these products have simple (and very often) single ingredients or processes. (Baby foods and medications are more complex but are categories unto themselves and attract their own leniencies.)

For the purposes of clarity, I am going to list the food products on our list that fall into this category that are up to standard even without formal Passover certification.

The listing also reflects the unique circumstances on the ground in Australia

- Baby foods and medications as per guidelines in the list
- Butter as per guidelines in the list
- Coffee as per our guidelines in the list
- Milk and Cream as per our guidelines in the list.
- Raw unprocessed nuts as per our guidelines in the list
- Extra Virgin Olive Oil as per our guidelines in the list.
- Raw Fish as per our as per guidelines in the list.
- Salt as per as per our guidelines in the list.
- Still water and still mineral water
- Sugar as per as per our guidelines in the list.
- Tea as per our guidelines in the list.

### Chametz Free

I believe that anyone who considers themselves unashamedly modern Orthodox and fully observant of Shabbat and Kashrut, should avoid any of the other products that are listed in the various guides as chametz free. They do not ‘pass muster’ for kosher for Pesach certification even though they may indeed be chametz free.

There may be some in the community who feel they cannot as yet attain that standard. There may be some just beginning their journey into proper Torah observance. There may be some living out of the metropolitan centres who do not have access to products with certification. To help them there is the category “chametz free”. Such products are indeed Chametz Free but should not be looked at as being certified and are not the standard I could recommend to a modern Orthodox observant family.

### Non-Food Items

Just to be clear, the advice to use only certified products applies only to food. This does not apply to paper goods, cosmetics, medications, detergents etc. In those categories any of the suggestions made as to chametz free are fully acceptable.

I hope this article helps you in making your choices for a *chag Pesach kasher vsameach*. For next year our directory will be better designed to reflect these categories.

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For further information: Contact Rav. Gutnick via WhatsApp on +61 411 657 372 or email: [kapesach18@gmail.com](mailto:kapesach18@gmail.com)

# ADDITIONS

## SECTION 1

### CERTIFIED KOSHER FOR PESACH OR EQUIVALENT STANDARD

#### ALCOHOLIC BEVERAGES p.16

##### Tequila

##### PATRON

P Silver Tequila

#### BAKING INGREDIENTS

Bicarbonate Soda - any brand

Baking Soda - any brand

#### BUTTER

##### COLES

D Australian Butter Salt Reduced

#### CAKES, MUFFINS & PASTRIES p.23

**THREE CHEFS GOURMET** - \*bearing KA KLP logo

P Apple & Cinnamon Almond Muffin

P Chocolate Almond Muffin

P Orange, Cranberry & Chocolate Almond Muffin

P Mango & Coconut Almond Muffin

P Marble Almond Muffin

P Vanilla, Raisins & Chocolate Almond Muffins

#### CAKE MIXES p. 23

##### WELL & GOOD

\*Must carry Kaust Victoria Kosher for Passover seal

P Devil's Food Chocolate Cake Mix - Gluten Free

P Vanilla Coconut Cake Mix - Gluten Free

P Low Carb Self Raising Flour – Gluten Free

P Potato Starch – Gluten Free

#### CHEESE p. 25

##### BUSTAN

\*Bearing kAust, Victoria Kosher for Passover logo

D Gouda

D Gouda Mature

D Gouda Goat

##### TWIN BRAND

\*Netherlands Rabbinat logo and words Kosher for Passover

D- CY Dutch Edam Cheese

D-CY Dutch Gouda Cheese

D-CY Light Harvati En Tranche

#### COFFEE (p. 28)

**GOURMET GOLD** - Ph 94200186

[www.gourmetgold.com.au](http://www.gourmetgold.com.au) wholesale and shop supply - (no symbol required)

Blends:

P Adam

P Bay Blend

P Chigiriki

P Classic

P Coffee Creed  
P Eve  
P Groundation  
P Hachimaki  
P Jumpstart  
P Katana  
P Kunai  
P Little Black Bello  
P Mackenzie  
P Mama Quilla  
P Mo- Joe  
P Parisienne  
P Regular kaust  
P Sai  
P Soul  
P Straight Talker  
P Swiss Water Decaffeinated  
P Symphony  
P Throwing Star

**DIPS & SALADS p. 35**

**ESKAL**

\*Must bear the kaust, Vic Passover symbol  
P Deli Sun Dried Tomato- Oil Free Pesto

**RIMON**

\*Must bear KA Kosher for Pesach seal  
P Beetroot 300ml  
P Chili Herbs 250ml  
P Charoset 400ml  
P Guacamole 300ml  
P Matbucha 300ml  
P Pesto  
P Smokey Eggplant 300ml  
P Egg Salad 300ml  
P Carrot Salad 300ml  
P Cucumber Salad 1L  
P Fruit Salad  
P Traditional Coleslaw 1L

**DRINKS (p.59)**

**CAPE GRIM**

P Sparkling True Source  
P Still (Water)

**COOL RIDGE**

P Australian Spring Water (plain)

**Deep Spring**

P Sparkling Natural Spring Water (plain)

**FIJI**

\*Requires **OU-P** logo  
P Natural Artesian Water

**FRANTELLA**

P Australian Spring Water  
Perrier  
P Sparkling Natural Spring Water

**SCHWEPES**

P Soda Water Classic Mixers (plain)  
P Natural Mineral Water Sourced from Australian Springs (unflavoured)

**FISH FRESH p.36**

**HARRIS FARM ROSE BAY**

(& St Ives if there's a demand)

Sydney Fresh Seafood

Place your orders for Passover now! Kosher fish and Mincing Available! Place orders at Seafood Counter or Call: 0422429512

**FLOUR p. 37**

**WELL & GOOD**

\*Must carry Kosher for Passover seal

P Low Carb Self Raising Flour -Gluten-free

**GRAINS**

QUINOA

**PEREG**

P Quinoa- all varieties - only when bearing OU- P or Star K-P logo

**JAM p.42**

**ESKAL**

\*Requires KAust, Vic Passover logo

P Apricot Jam

P Cherry Jam

P Strawberry Jam

**JUICE- FRUIT Juice p.41**

**COLES**

See notes point 4b - \* A0188-0002.

P Pure Orange 100% Australian Oranges

P Pure Pulp Free Australian Oranges

**NUDIE**

\*Only when Use By date is followed by a J

P Nothing but 21\* Oranges Double Pulp 2L

P Nothing but 21\* Oranges Juice with Pulp

P Nothing but 21\* Oranges Pulp Free Juice

**JUICE- Vegetable p.41**

**NIPPY'S**

when bearing regular kAust, Vic logo

P Frozen Lemon Juice Preservative Free No Added Sugar 2L

P Frozen Lime Juice Preservative Free No Added Sugar 2L

**ENRICHED MATZAH p. 48**

Manishevits Tam Tam Crackers bearing OU-P are made from egg matzo and according to Ashkenazi custom, should only be eaten by the elderly, sick or infants. They cannot be eaten instead of Matzah for the mitzvah at the Seder. Sephardim should consult their Rabbi.

**NUTS & SEEDS p.51**

**MACRÔ WHOLEFOODS MARKET**

\*88331

P Australian Macadamia 225g

**W (Woolworths)**

\*88331

P Buttery Natural Macadamia 100% Australian Grown 400g

**STONEY CREEK**

See notes point 4b

P Chia Meal

**KIRKLAND SIGNATURE. (COSTCO)**

P Almonds Supreme Whole Grown in Australia  
P Walnuts 20% Halves with Pieces Grown in Australia

### **OIL**

#### **KIRKLAND SIGNATURE (Costco)**

\*bearing a regular Star K logo

P Terra Dellysa Extra Virgin Olive Oil

#### **CHEF'S CHOICE**

\*when bearing regular KA logo

P Certified Organic Coconut Oil Extra Virgin & Unrefined 500ml, 915ml

P Certified Organic Purified Coconut Oil - Gluten Free (915ml jar ,4L pale)

#### **CHOSEN**

\*bearing a regular OU logo

P 100% Pure Avocado Oil huile d'avocat Pure A 100%

#### **MOI INTERNATIONAL**

P Fry-Ola Premium Frying Oil FRYP15 (15L bag in box)

#### **VILLA ROSSI**

\*bearing regular OU logo

P Extra Virgin Olive Oil

### **OLIVES**

#### **FODA ORGANIC p. 54**

P Organic Mixed Green Olives with Oregano

### **PASTA p. 58**

#### **ESKAL DELI**

\*Gluten Free Vegan Keto Paleo

P Vegetable Pasta Lasagna Sheets with OU-P

P Vegetable Pasta Spaghetti OUP

### **POTATO FLOUR STARCH p.58**

#### **WELL & GOOD**

\*Must bear Kosher for Passover seal

P Potato Starch

### **SALAD DRESSING p. 59**

#### **ESKAL DELI**

\*Must bear the kaust, Vic Passover symbol

P Balsamic Vinegar - Oil Free Dressing

P Italian - Oil Free Dressing

### **SAUCE p.59**

#### **SOUL GOURMET**

\*Requires KA KLP seal

P Chilli Ginger Lime Sauce

P Mint

### **SPICES p.60**

#### **CECIL ORGANIC SPICES**

\*bearing regular Star K logo

P Cinnamon Quills

### **SUGAR**

#### **BUNDABERG (P. 61)**

P Demerara Sugar

P Muscovado Sugar

**SYRUPS p. 61**

**MEHADRIN**

\*Rav Moshe Belov Kasher l'pesah or Eida Haredith logo

P Date Syrup- 100% Medjool Dates 350g

**EIN HAROD**

\*Hatam Sofer Bnei Braq Kasher for Passover logo

P Dates Silan 350g

**TEA - Herbal p. 62**

**PUKKA**

P Elegant English Breakfast Organic

P Love Organic

P Mint Matcha Green Organic

P Original Chai Organic

P Revitalise Organic

P Supreme Matcha Green Organic

P Three Chamomile Organic

P Three Cinnamon Organic

P Three Mint Organic

P Tulsi Clarity Tea Organic

**SECTION 2**

**FREE OF CHAMETZ**

**BAKING INGREDIENTS**

**LOVING EARTH**

P Coconut Chips

P Dessicated Coconut

P Shredded Coconut

**MACRÔ WHOLEFOODS MARKET - Gluten Free**

P Shredded Coconut Certified Organic 200g \*79842001 near bar code

**NIULIFE**

P Organic Coconut Syrup

P Organic Coconut Flour 500g/ 10Kg

P Organic Desiccated Coconut 250g

**CHOCOLATE & CONFECTIONERY**

**PANA ORGANIC**

Only these two are KLP this year:

**P 99**

**P Sixty %**

**FRUIT- DRIED p. 38**

**Mareeba Orchards (4b)**

P Ecoganic Australian Dried Bananas 85g

P Natural Australian Dried Pineapple 57g

P Natural Australian Dried Red Dragon Fruit 57g

P Natural Australian Dried Red Papaya 43g

**SPREADS p.60**

**ALFIE'S FOOD CO.**

Requires regular kAust Vic Pareve logo

P Almond Butter 100% Australian Almonds

P Organic Almond Butter 100% Australian Nuts

P Almond & Pistachio Butter 100% Nuts

P Cashew Butter 100% Dry Roasted Cashews

### **Naturals by Melróse**

**See note point 4b p.14)**

P 100% Almond Spread 250g

P 100% Cashew Spread 250g

P 100% Nut Butter ABC 250g

P 100% Nut Butter Macadamia Cashew 250g

## **SECTION 3**

### **SPECIAL FOR INFANTS**

#### **BABY p. 19**

##### **APTAMIL**

D Prosyneo Sensitive

##### **NUTRICIA APTAMIL Specialty (when prescribed)**

D Feed Thickener for Infants with Regurgitation or Mild Reflux

D Gold+ Reflux for Regurgitation or Mild Reflux

D Allerpro Syneo 1

D Allerpro Syneo 2

D Allerpro Syneo 3

D Gold+ Colic & Constipation

D De-Lact Gold for babies with Lacto intolerance

D Gold + Pepti Junior

## **SECTION 4**

### **NON FOOD STUFF**

#### **CLEANERS**

Baking Soda - all brands

Bicarbonate of Soda - all brands

Metal Polishes - all brands

#### **DETERGENT p. 33**

##### **AJAX**

##### **AMWAY**

LOC Multi-Purpose Cleaner

L.O.C. Kitchen Cleaner

#### **DISHWASHING LIQUID (p. 33)**

\* No Symbol required

##### **COLES**

Lemon dishwashing liquid

Super strength lemon dishwashing liquid

Ultra complete clean dishwasher tablets lemon fresh

Ultra concentrate dishwasher powder lemon fresh

Ultra concentrate dishwashing liquid limited edition

Ultra concentrate lemon dishwashing liquid

Ultra dishwasher cleaner

Ultra lime dishwashing liquid

Ultra plus advanced clean lemon fresh dishwasher tablets

##### **7 DAWN**

All detergents

##### **ECOSTORE**

Dish liquid lemon

Auto dishwashing powder - lemon dish liquid grapefruit

Rinse aid - lemon



**METHOD**

POWER DISH Dishwasher Detergent pack TABLETS FREE

CLEAR POWER DISH (TABLETS) LEMON MINT

**FAIRY**

All-in-1 green & blue fairy

All-in-1 yellow & blue fairy

All in one lemon

Light blue & dark blue fairy

Platinum all-in-1 yellow

Platinum plus yellow

Platinum plus dishwasher tablets lemon

Palmolive

Regular cucumber melon regular sweet pea regular dry skin

Regular frangipani regular lemon & lime regular original

Ultra strength divine blends fresh pear & white lily

Ultra strength divine blends lotus flower and sea minerals

Ultra strength divine blends vanilla & berries ultra strength gentle care

Ultra strength original

**TOOTHPICKS**

Any unflavored may be used.

**PET FOOD**

Cat Food

**PURINA SUPERCOAT**

Adult Chicken & Liver Flavour Natural

**ZIWI PEAK**

All Cat Breeds

All Life Stages New Zealand Rabbit & Lamb Recipe (can)

New Zealand Free Range Chicken Recipe

**DINE Creamy Treats**

Mixed Seafood Flavour

Tuna & Salmon Flavour

**KIT KAT**

Purr Purée Chicken & Salmon

**LOVE 'EM**

Simply Delicious Chicken Breast

**PUREBITES CAT TREATS:**

Beef Liver Freeze Dried

Chicken Breast & Duck Liver Freeze Dried

Chicken Breast & Lamb Liver Freeze Dried

Chicken Breast Freeze Dried

Duck Liver Freeze Dried

Minnow Freeze Dried

Ocean Medley Freeze Dried

Ocean Whitefish Freeze Dried

Turkey Freeze Dried

Wild Caught Shrimp Freeze Dried

Wild Salmon Freeze Dried

Wild Tuna Freeze Dried

**DOG FOOD****BALANCED LIFE**

Australian Kangaroo Recipe (dry)

Chicken Recipe Enhanced(dry)

Salmon Recipe Enhanced. + [BlackHawk](#)

Grain Free Adult- All Breed & Sizes Australian Hormone Free Chicken for muscle development & strong healthy bones Made with Emu Oil (can)

Grain Free Adult - All Breeds & Sizes Tasmanian Sustainably Fished Salmon (dry)

Grain Free Adult- All Breed All Sizes Australian Pasture Grazed Lamb for muscle development & strong healthy bones. Made with Emu oil(can)

#### **CANIDAE**

Pure Real Salmon & Sweet Potato Recipe Grain Free

#### **EARTHBORN HOLISTIC**

Grain Free Coastal Catch

Grain Free Large Breed

Grain Free Primitive Natural

Grain Free Weight Control. + [Fancy Feast](#)

Classic Recipes Prime Fillet of Chicken Grilled

#### **INSTINCTIVE BITE**

Grain Free Kangaroo & Sweet Potato Meal (Adult dry)

Grain Free Salmon & Potato Meal (adult , dry)

#### **IVORY COAT COMPANION GOODS**

Australian Natural Health Grain Free For Adult Dogs Chicken Puppy- All Breeds

Australian Natural Health Grain Free For Adult Dogs Chicken with Coconut Oil

Australian Natural Health Grain Free For Adult Dogs Lamb & Sardine

Australian Natural Health Grain Free For Adult Dogs Ocean Fish & Salmon

Australian Natural Health Grain Free For Adult Dogs Lamb with Coconut Oil Puppy Large Breed

Australian Natural Health Grain Free For Adult Dogs Lamb & Kangaroo

Australian Natural Health Grain Free For Adult Dogs Turkey

Australian Natural Health Grain Free For Adult Dogs Turkey & Duck

Australian Natural Health Grain Free For Adult Dogs

#### **K9 NATURALS**

Grain Free Freeze Dried Hoki & Beef Feast

Grain Free Freeze Dried Beef Feast

Grain Free Freeze Dried New Zealand Grass Fed Lamb Feast

Grain Free Freeze Dried Lamb Green Tripe Booster

Grain Free Lamb Feast (can)

#### Leading Raw the Paleo Diet for Dogs

Puppy, Adult, Senior,Energy

#### **MEALS FOR MUTTS**

MM Bag for Bowl Hypoallergenic Grain Free & Gluten Free Salmon & Sardines with Vegetables & Coconut Oil

MM Bag for Bowl Hypoallergenic Grain Free & Gluten Free Duck & Turkey

MM Bag for Bowl Hypoallergenic Grain Free & Gluten Free Turkey & Chicken Puppy & Whelping Larger Size Kibble

MM Bag for Bowl Hypoallergenic Grain Free & Gluten Free HP (High Performance) Turkey with Vegetables & Coconut Oil

#### **MEAT MATES**

Beef Booster

Lamb Booster

#### **NUTRA GOLD SUPER PREMIUM**

Grain Free Formulas Duck & Sweet Potato

Grain Free Formulas Whitefish & Sweet Potato

Grain Free Formulas Turkey & Sweet Potato for all stages

#### **ORUEN**

Fit & Trim Biologically Appropriate Dog Food (dry)

Puppy Large Biologically Appropriate Dog Food (dry)

Original Biologically Appropriate dog food (dry)

Puppy Biologically Appropriate dog food (dry)

Senior Biologically Appropriate dog food (dry)

Six Fish Biologically Appropriate dog food (dry)

**PRIME**

sk-d 200F Single Protein Diet - Kangaroo & Pumpkin (2kg roll)

sk-g 200F Single Protein Diet Turkey & Flaxseed (2kg roll)

**SAVOUR LIFE**

Australian Salmon Gluten & Grain Free

For Puppies with Australian Lamb Gluten & Grain Free

**TASTE OF THE WILD**

Appalachian Valley Small Breed Canine Recipe with Venison & Garbanzo Beans - Grain Free Recipe

Grain Free High High Prairie Canine Recipe with Roasted Bison & Roasted Venison

Grain Free High Prairie Puppy Recipe with Roasted Bison & Roasted Venison

Grain Free Pacific Stream Canine Recipe with Smoked Salmon

Grain Free Pacific Stream Puppy Recipe with Smoked Salmon

Grain Free Pine Forest Canine Recipe with Venison & Legumes

Grain Free Sierra Mountain Canine Recipe with Roasted 🐑 Lamb

Grain-Free Wetlands Canine Recipe with Roasted Fowl

**DOG SNACKS**

**BLACK DOG NATURALLY GOOD TREATS**

Chicken Breast Fillet

Cow Ears

Roo Clods

Pig Ears

**LOVE 'EM**

Air Dried Beef Liver

Air Dried Pork Liver

Simply Delicious Chicken Breast

**DELETIONS:**

**CHOCOLATE & Confectionery**

Full range PANA ORGANIC listed in Pesach Product List p. 27

**OLIVES**

**FODA ORGANIC** (P.54)

Organic Stuffed Green Olives with Peppers – NOT KLP

**Clarifications**

**SOUL GOURMET**

Margarine & Smaltz have wrongly been listed as Kitniyot p.46 They do not contain kitniyot. They should have been listed under **MARGARINE** p.47

They are produced Kosher le pesach and are both pareve.

SWEET CHICK typo printed as Sweek Chick p. 23

CATERERS RESTAURANTS & TAKEAWAY p.24

Grunfeld's..... Fax No. no longer in operation