

Pesach Update 2

Section 1: Certified Kosher for Passover

CAKES

4Me Gluten Free. (IGA Rose Bay, Krinsky's)

*Only when bearing K Aust symbol

P Chocolate Macaroons

P Gluten Free Mini Cupcakes

P Meringues

FISH p.27

Fish In The Family

Email Orders: retail@fishinthefamily.com.au

Orders need to be emailed by 4:00PM Friday 31st March, 2023

Products: QTY

Tasmanian Salmon Fillets - Skin On (180g each fillet)

Tasmanian Salmon Sides - Skin On

Minced Tasmanian Salmon 500g/ 1kg

Minced White Fish (Pink Ling) 500g/1kg

Mixed White Fish (two types of fish) Snapper 500g/ 1kg

Pick Up Day : Monday 3rd April, 2023

Pick Up Time: 12PM/ 2PM /4PM

Pick Up from: **Harris Farm Market - Rose Bay**

FLOUR -

Cassava Flour/ Starch must bear reliable KLP certification

Tapioca Flour/ Starch

must bear reliable KLP certification

PICKLES

The Pickled Garden

*K Aust KLP seal

P Kosher Dill Cucumbers in Salt Water

SALT

Olson

*k Aust logo

P Sea Salt Flakes

VEGETABLES

Adamama

*Adamama online store:

adamama.com.au

Passover Produce

P Maror - fresh horseradish root

100g, 200g, 400g

P Parsley 

Randwick sustainability hub 27 Munda Street, ^[1]_[SEP] Randwick, 2031 Australia

General Adamama

Mitch Burnie^[1]_[SEP] Phone : 04 5062 3002 Email: mitch@shalom.edu.au

Section 2: Kosher for Pesah- Mehadrin (Not Certified for pesach) ***New and unopened products only:**

Must be purchased before Pesach to allow for nullification (bitul) of any possible chametz contamination.

HONEY

SNIVES HIVES

P Seasonal Honey 650gm, 1.3kg

*www.sniveshives.com.au

DRINKS

Deep Spring

P Sparkling Natural Mineral Water (plain unflavoured only)

Schweppes

P Natural Mineral Water

P Soda Water

SodaStream

P Sparkling Water Unflavoured

JUICE

Nudie

*Only when bearing **J** near use by date:

P Nothing but 21 Oranges Juice with Pulp 2L

P Nothing but 21 Oranges Pulp Free Juice 2L

NUTS

Coles

*A0965

P Australian Almond Kernels

P Dry Roasted Almonds

P Australian Natural Macadamias 400g

P Australian Pecan Natural 400g

P Australian Pistachios Roasted & Salted

Forresters' (ALDI)

P Australian Almonds Dry Roasted 400g

P Australian Almonds Natural 750g

P Australian Roasted & Salted Pistachios 1kg

Kirkland Signature. (Costco)

P Walnuts Grown in Australia

RiverSide

P All Australian Natural Pecans Unroasted & Unsalted

P All Australian Natural Walnuts Unroasted & Unsalted

OIL

Fry For Less

P Cottonseed Oil

Mount Zero

P Lemon Pressed Extra Virgin Olive Oil

P Lime Pressed Extra Virgin Olive Oil

P Robust Extra Virgin Olive Oil

P Rosemary Pressed Extra Virgin Olive Oil

Pendleton Olive Estate

P Extra Virgin Olive Oil

P Australian Extra Virgin Olive Oil

P Blood Orange Argumato Citrus Press 100% Australian Extra Virgin Olive Oil

P Lemon Argumato Citrus Press

100% Australian Extra Virgin Olive Oil

P 100% Australian Extra Virgin Olive Oil- Classic

P 100% Australian Extra Virgin Olive Oil - Mild

P 100% Australian Extra Virgin Olive Oil - Robust

P Reserve - 100% Australian Extra Virgin Olive Oil

Rosa

P Cottonseed Oil 20L

Southern Chef

P Cottonseed Oil - 20L drum

OIL - SPRAY OIL

Cobram Estate

P Australian Extra Virgin Olive Oil Spray- Light Flavour

Red Island

P Australian Extra Virgin Olive Oil Spray - First Cold Pressed

SPICES

Cecil Organic Spices

*Star K (regular symbol)

P Cinnamon Quills Premium Quality

FRUIT -DATE SYRUP- Silan

Tamei Hagalil

*Harav Zpania Drori of Kiryat Shmona, Israel

P Silan 100% Dates Natural 350g

KITNIYOT

***New and unopened products only**

ALCOHOLIC DRINKS- VODKA

STOLICHNAYA

Vodka Gluten Free

KITNIYOT ADDITIVES

Aspartame

Soy Lecithin

Corn Starch

Rapeseed

Soybean

Vegetable Oils

HEALTH SUPPLEMENTS

Abbott

*OU-D

D Enshake

D Ensure

D Ensure Compact

D Ensure Nutrivigor

D Ensure Plus Commence

D Ensure Plus Crème

D Ensure Plus Juice

D Ensure Plus Milkshake Style

D Ensure Plus Yoghurt Style

D Ensure Plus Nutrition Shake

D Ensure Two Cal

Nutricia

D Forticare
D Fortifresh
D Fortimel Compact Protein
D Fortujuice
D Fortini
D Fortini Creamy Fruit
D Fortisip 2KCal
D Fortisip Compact
D Fortisip Extra
D Fortisip Protein
D Fortisip Yoghurt

RICE

SunRice

*Prior to Pesach_Rice grains should be dry checked three times for presence of insects or other grains as it is often grown in areas where crops are rotated each season.

*PRODUCT OF AUSTRALIA

P Arborio Risotto Rice
P Arborio Mediterranean Rice
P Australian Long Grain Brown Rice
P Australian Brown Medium Grain Rice
P Doongara Clever Rice Low Gi White Grown in Australia
P Doongara Low GI Brown Rice Grown in Australia
P Australian Long Grain Rice White Rice
P Australian Low Gi Long Grain White Rice
P Australian Medium Grain Rice
P Short Grain Sushi Rice - Ideal for Japanese Cuisine
P Koshihikari Premium Short Grain Rice -Perfect for Sushi
P Mountain Blend
P Premium Australian Topaz Jasmine Rice
P Jasmine Fragrant Rice
P Australian Organic Brown Rice
P Australian Organic White Rice

P Sunlong Long Grain Rice 100% Pure Australian

P Medium Grain Australian Calrose Rice

P Super Food Black Rice

RICE CAKES

Pureharvest

P Organic Corn Cakes Original

P Organic Rice Cakes Original

SunRice

P Original Thick Rice Cakes

P Original Thin Rice Cakes

P Rice & Corn Thin Rice Cakes ✓

SNACKFOOD

Osem

*OU Kitniyot

P Bamba

VEGETABLES - Tinned

California Delight

*Star S

P Baby Corn Whole Spears

P Cut Baby Corn

P Whole Kernel Corn 🌽

Section 3: Chometz Free

***New and unopened products only: Must be purchased before Pesach to allow for nullification (bitul) of any possible chametz contamination.**

Coconut

Macro Wholefoods Market

*ACO 476

P Shredded Coconut Certified Organic

FLOUR

*A0671

Wellness Road (Coles)

P Australian Almond Flour

P Resistant Starch Green Banana Flour

GRAINS

Wellness Road (Coles)

*A0279

P Black Chia Seeds

P Organic Black Chia Seeds

P Organic Tri Colour Quinoa

Wellness Road (Coles)

*A0671  P Psyllium Husks Powder

JUICE- Vegetable

Ezychef

P Celery Juice (extra shelf life)

P Cucumber Juice (extra shelf life)

NUTS

Forresters'

P Pecans Natural 400g

P Premium Macadamias -Natural-From The Northern NSW & QLD Region 400g

P Premium Macadamias -Roasted & Salted -From The Northern NSW & QLD Region
400g

OIL - SPRAY

ProChef

P Australian Extra Virgin Olive Oil Spray

P Premium Coconut Oil Extra Virgin *Cholesterol Free

SECTION 4: Inedible

FRUIT & VEGETABLE WASH

Enviroclean

P Fruit & Veg Wash

Koala Eco

P Natural Fruit & Vege Wash

PET FOOD -CAT p. 76

Ziwi Peak

All Cat Breeds-All Life Stages New Zealand Rabbit & Lamb Recipe (can), owing to a shortage of NZ Rabbits, label should read: **Rabbit & Lamb Recipe**

SECTION 5: MEDICINE AND BABY FOOD

Medicine Notes pp.79- 80

P Ear drops - all brands

P Eye drops - all brands

P Nasal and Nose Sprays- all brands are acceptable

P Inhalers, puffers, turbulaters - all varieties are acceptable

P Healing Topical medical creams, ointment, lotions and sprays - all brands are acceptable

P Suppositories- all varieties are acceptable

BABY FOOD - Formula

Bellamy's Organic

D Organic Infant Formula 1 (0-6months)

D Organic Follow-On Formula 2

(6-12 months)

D Organic Toddler Milk Drink 3 (12+ Months)

D Beta Genica-8 A2 Protein Organic Infant Formula 1 (0-6 Months)

D Beta Genica-8 A2 Protein Organic Follow-On Formula 2 (6-12 Months)

D Beta Genica-8. A2 Protein Organic Toddler Milk Drink (12+ Months)

D Gold + Infant Formula 1 (0-6 Months)

D Gold + Follow-on Formula 2 (6-12 Months)

D Gold + Toddler Milk Drink 3 (12+ Months)

Key:

C = Kosher Certified Mehadrin

K = Mehadrin - not certified but stringent level of Kashrut maintained

P = Pareve (not Mehadrin unless prefixed with a C or K)

F = Meat (Fleishig)

D = Dairy (Chalav Stam)

D/CY = Dairy Chalav Yisrael

P/DV = pareve food prepared in dairy vessels

P/FV = pareve food prepared using meat vessels

FISH = product contains fish ingredients and should not be used with meat

NLP = No longer produced

X = NOT ACCEPTABLE